



1st International Conference on Sports and Exercise Science 2009
December 1-3, 2009

The Twin Tower Hotel, Bangkok Thailand

Hosted by Faculty of Sports Science, Kasetsart University

50 Paholyothin Rd. Chatuchak, Bangkok 10900 THAILAND Tel. 662- 942 7330, 6681-924 8952. Fax. 662-9428770

REGISTRATION FORM

Title: Mr. Ms. Mrs. Dr. Prof. Others (please specify).....

Degree: M.D. Ph.D. Others (please specify).....

First name: ...BADRU.....Last name: ...ZAMAN.....

Position/Institution: ...LACTURE.....

Mailing Address: ...Jl. Cihanjuang Indah Blok A No.15 Cimahi Bandung.....

Tel: ...08122327487.....Fax:..... E-mail: ...Badruzaman_04@yahoo.com.....

Accompanying Person(s): 1) Title: ...Yudha..... First name: ...Saputra..... Last name:

2) Title:..... First name:..... Last name:.....

REGISTRATION

Category	Pre-registration and payment		On-site Registration	Total Amount
	Before Sep 30, 2009	After Sep 30, 2009	From No.30, 2009	
Foreign Participant	US\$ 150	US\$ 200	US\$ 200	
Thai Participant	3,000 Baht	3,500 Baht	3,500 Baht	
Student (Foreign)	US\$ 80	US\$ 100	US\$ 100	
Student (Thai)	1,500 Baht	2,000 Baht	2,000 Baht	

METHODS OF PAYMENT (in USD only)

£ By Bank Transfer: THE SIAM COMMERCIAL BANK, HEAD OFFICE

9 Rutchadapisek Road, Bangkok 10900 Thailand

G.P.O.Box 15 Telegraphic Address, Siambank

Tel. + 662 777 7777, + 662-544-1000

SWIFT Code: SICOTHBK

A/C Name: 1ST.ESSCONFESaving Account No: 235-2-15685-0

* Please write the name of participant in the remittance form. Participants must be responsible for all the charges incurred in the transaction.

SIGNATURE.....DATE.....
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Please e-mail or fax this form to the Secretariat office : Tel: +662 942733 Fax: +662 9428770, 9428675

Email: fsswmm@ku.ac.thfsswmm@ku.ac.th

Secretariat Use Only	Date Received	Submission No.

Please note

- Registration fee covers conference bag and materials, coffee break, three lunches, Reception Party.
- Students are required to attach a copy of student ID.
- Full payment must accompany registration form. Registration forms without payment will not be accepted.
- The confirmation of registration will only be sent upon our receipt of your registration form and remittance.
- All confirmations of registration will be sent via e-mail or fax. To receive confirmations, please provide e-mail address and/or fax number in this form. This confirmation must be presented on the conference day to acquire the receipt.

SECRETARIAT OFFICE

Executive Office of 1st International Conference on Sports and Exercise Science.

Faculty of Sports Science, Kasetsart University
50 Phaholyothin Rd, Chatuchak, Bangkok10900
THAILAND

CANCELLATION POLICY

Refunds less US\$ 50 will be granted ONLY if WRITTEN

Request is received by November 15, 2009

NO REFUNDS WILL BE GRANTED AFTER

THIS DATE OR FOR NO SHOWS.

Tel: +66 2 942 7330, +668 1 924 8652

Fax: +66 2 942 8770

E-mail: : fsswmm@ku.ac.th

Website: <http://www.sps.kps.ku.ac.th>

*Bank and service charge will be deducted from the refunded amount.

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Accommodation

Participants are to arrange for their own accommodation. However, all participants are encouraged to stay in conference hotel below at the price of conference group.

HOTEL	ROOM	Rate per room per night			
		Foreigners		Local participants	
		Single room	Twin room	Single room	Twin room
The Twin Tower Hotel (4 Stars)	Superior	1,800 baht	2,000 bath	1,600 baht	1,800 baht
	Standard	-	-	1,300 baht	1,500 baht
Website-Email	Website : www.thetwintowershotel.com E-mail : catering@thetwintowershotel.com				

The above rates are inclusive service charges and applicable government tax.

Please Note: *Rates are subject to change without prior notice.

KATA PENGANTAR

Puji dan syukur kami panjatkan kehadirat Alloh SWT., sehingga buku ajar pegangan mahasiswa ini dapat diselesaikan tepat pada waktunya. Buku dengan judul TENIS ini, dibuat untuk memenuhi tuntutan kebutuhan mahasiswa yang sangat memerlukan sumber literatur tentang tenis untuk memperluas wawasannya yang berkaitan tentang teknik berbagai macam stroke, peraturan, fasilitas, dsb. Oleh karena itu, sebagai dosen yang mengajar matakuliah tenis ini, terdorong untuk memfasilitasi tuntutan mahasiswa ini terhadap kebutuhan akan buku sumbernya. Diharapkan melalui buku sumber yang disediakan ini, kreatifitas mahasiswa yang akan melakukan latihan secara mandiri dapat dijadikan sebagai panduannya.

Sebagai buku terbitan edisi pertama, tentu masih banyak kekurangannya baik dari segi konten, struktur, maupun dalam penyajian gambarnya. Oleh karena itu, kami mengharapkan sekali kritik maupun saran dari para pembaca demi perbaikan buku ini. Mudah-mudahan pada penerbitan berikutnya buku ini akan terbit lebih baik lagi.

Bandung, Pebruari 2010

Tim Penyusun

MODUL
TES DAN PENGUKURAN OLAHRAGA

Disusun oleh :
DRS. H. BADRUZAMAN, M.Pd.

PRODI ILMU KEOLAHRAGAAN
FAKULTAS PENDIDIKAN OLAHRAGA DAN KESEHATAN
UNIVERSITAS PENDIDIKAN INDONESIA
BANDUNG, 2010

DAFTAR ISI

KATA PENGANTAR

PENGANTAR PENERBIT

DAFTAR ISI

BAB I PENGERTIAN TES, DAN PENGUKURAN.....

- A. Pengertian Tes
- B. Pengertian Pengukuran
- C. Tujuan Pengukuran
- D. Pedoman Tes dan Pengukuran
- E. Prinsip-prinsip Pengukuran